

## Alcohol

Beer, liquor, wine, and foods containing alcohol -- none of it's good for your dog. That's because alcohol has the same effect on a dog's liver and brain that it has on humans. But it takes far less to do its damage. Just a little can cause vomiting, diarrhoea, central nervous system depression, problems with coordination, difficulty breathing, coma, even death. The smaller the dog, the greater the bad effect.



## Coffee, Tea, and Other Caffeine

Caffeine in large enough quantities can be fatal for a dog. And, there is no antidote. Symptoms of caffeine poisoning include restlessness, rapid breathing, heart palpitations, muscle tremors, fits, and bleeding. In addition to tea and coffee - including beans and grounds -- caffeine can be found in cocoa, chocolate, colas, and stimulant drinks such as Red Bull. It's also in some cold medicines and pain killers.



## Milk and Other Dairy Products

Every once in a while a small bit of natural non smelly cheese is OK for your dog but only as a treat, Milk and milk-based products can cause diarrhoea and other digestive upset if given in large amounts and too often Lactose FREE milk for dogs like (Pets own milk) ricotta or cottage cheese which have been fermented in small amounts are fine especially for a hot summer meal.



## Macadamia Nuts

Dogs should not eat macadamia nuts or foods containing macadamia nuts because they can be fatal. As few as six raw or roasted macadamia nuts can make a dog ill. Symptoms of poisoning include muscle tremors, weakness or paralysis of the hindquarters, vomiting, elevated body temperature, and rapid heart rate. Eating chocolate with the nuts will make symptoms worse, possibly leading to death.



## Candy and Gum

Candy, gum, toothpaste, baked goods, and some diet foods are sweetened with xylitol. Xylitol can cause an increase in the insulin circulating through your dog's body. That can cause your dog's blood sugar to drop and can also cause liver failure. Initial symptoms include vomiting, lethargy, and loss of coordination eventually, the dog may have seizures. Liver failure can occur within just a few days.



## Sugary Foods and Drinks

Too much sugar can do the same thing to dogs that it does to humans. It can lead to obesity, dental problems, and possibly the onset of diabetes



## Chocolate

Most people know that chocolate is bad for dogs. The toxic agent in chocolate is theobromine. It's in all kinds of chocolate, even white chocolate. The most dangerous kinds, though, are dark chocolate, chocolate mulch, and unsweetened baking chocolate. Eating chocolate, even just licking the icing bowl, can cause a dog to vomit, have diarrhoea, and be excessively thirsty. It can also cause abnormal heart rhythm, tremors, seizures, and death. Chocolate is not a natural food for dogs to eat.



## Fat Trimmings and Bones

Table scraps often contain meat fat that a human didn't eat and bones. Both can be dangerous for dogs. Fat trimmed from meat, both cooked and uncooked, can cause pancreatitis in dogs. And, although it seems natural to give a dog a bone, a dog can choke on certain bones like chicken (any poultry), steak or chop bones can splinter and cause an obstruction or lacerations of your dog's digestive system. The only bones we recommend are brisket or knuckle bones.



## Raw Eggs

There can be problems with giving your dog raw eggs. The first is the possibility of food poisoning from bacteria like Salmonella or E. coli if the eggs are not kept fresh so in the fridge. The second is that an enzyme in raw eggs (especially the egg white) interferes with the absorption of a particular B vitamin. This can cause skin problems as well as problems with your dog's coat if raw eggs are fed for a long time. If you want to give your dog a raw egg say on dry food as a meal just give them the egg yolk, maybe once a month or so just for a short while.



## Salt

It's not a good idea to share salty foods like chips or pretzels with your dog. Eating too much salt can cause excessive thirst and urination and lead to sodium ion poisoning. Symptoms of too much salt include vomiting, diarrhoea, depression, tremors, elevated body temperature, and seizures. It may even cause death.



## Yeast Dough

Before it's baked, bread dough needs to rise. And, that's exactly what it would do in your dog's stomach if your dog ate it. As it swells inside, the dough can stretch the dog's abdomen and cause severe pain. In addition, when the yeast ferments the dough to make it rise, it produces alcohol that can lead to alcohol poisoning.



## Your Medicine

Reaction to a drug commonly prescribed for humans is the most common cause of poisoning in dogs. Just as you would do for your children, keep all medicines out of your dog's reach. And, never give your dog any over-the-counter medicine unless told to do so by your vet. Ingredients such as acetaminophen or ibuprofen are common in pain relievers and cold medicine. And, they can be deadly for your dog.



## **Fruits dogs should no eat at any time**

**Persimmons, Peaches, and Plums**

The problem with these fruits is the seeds or pits. The seeds from persimmons can cause inflammation of the small intestine in dogs. They can also cause intestinal obstruction. Obstruction is also a possibility if a dog eats the pit from a peach or plum. Plus, peach and plum pits contain cyanide, which is poisonous to both humans and dogs. The difference is humans know not to eat them. Dogs don't.



## **Grapes and Raisins**

Grapes and raisins have often been used as treats for dogs. But it's not a good idea. Although it isn't clear why, grapes and raisins can cause kidney failure in dogs. And just a small amount can make a dog ill. Repeated vomiting is an early sign. Within a day, the dog will become lethargic and depressed. The best prevention is to keep grapes and raisins off counters and other places your dog can reach.



## **Avocado**

No matter how healthy Avocados are, you shouldn't feed them to your dog. Avocados contain a substance called persin. It's harmless for humans who aren't allergic. But large amounts might be toxic to dogs. If you happen to be growing avocados at home, keep your dog away from the plants. The toxic ingredient in avocado is called persin. They can cause difficulty breathing and fluid accumulation in the chest, abdomen and heart, vomiting, diarrhoea, death, inflammation of mammary glands, cardiac failure, respiratory distress, generalized congestion, abdominal enlargement. Persin is in the leaves, seed, and bark, as well as in the fruit. Even if Avocados will not kill your dog it might give it a huge tummy aces and they might swallow the seed.



## **vegies dogs should not eat at any time**

**Broccoli, Cauliflower or any other cabbage related vegetable**  
Gastrointestinal irritant, potatoes are also very bad for your dog.



## Mushrooms

Acute gastric effects, liver and kidney damage, abdominal pain, nausea, salivation, vomiting



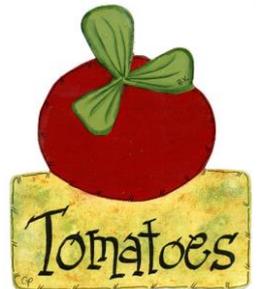
## Nutmeg

Tremors, seizures and death



## Tomatoes

Tomatoes can cause tremors and heart arrhythmias. Tomato plants and the most toxic, but tomatoes themselves are also unsafe.



## Onions and Garlic

Onions and garlic in all forms -- powdered, raw, cooked, or dehydrated -- can destroy a dog's red blood cells, leading to anaemia. An occasional small dose is probably OK. But just eating a large quantity once or eating smaller amounts regularly can cause poisoning. Symptoms of anaemia include weakness, vomiting, little interest in food, dullness, and breathlessness.



## Apple Seeds

Apple, Almond, Apricot, Cherry, Pear, Prunes & similar fruit: The seeds of these fruits contain cyanide, which is poisonous to dogs as well as humans causing diarrhoea, vomiting, abdominal pain, (Stem, Seeds and Leaves). So, be sure to core and seed apples before you feed them to your dog.



## Rhubarb leaves

Contain oxalates, which can affect the digestive, nervous, and urinary systems.

**NO**



## Other foods dogs should not eat

### Cat food

is not recommended for dogs because it contains more salts, fats and potassium than dog food



### Tobacco

Nausea, salivation, vomiting, tachycardia (rapid heartbeat) high in protein and fats.



### Fish

(raw, canned or cooked) If fed exclusively or in high amounts can result in a thiamine (a B vitamin) deficiency fed in small amounts every now and then is ok. Salmon, flake,



### Liver

avoid feeding too much liver to your dog. Liver contains quite a bit of Vitamin A, which can adversely affect your pup's muscles and bones. In small amounts it is OK.

## HAM, SAUSAGES AND SO ON

any part of these things are no good for your dog because they contain high levels of fat salt and sometime

preservatives. A high level of fat can cause pancreatitis in dogs.



## SAFE Fruits in small portions and not every day

**Melons:** Watermelon (remove seeds or give seedless watermelon), cantaloupe and honeydew are all healthy options for your pooch. (all seed free)



**Berries** (fresh and frozen): Blueberries, blackberries, strawberries, huckleberries or raspberries

**other fruits Vegies** : Bananas, Apples, carrots, beetroot, zucchinis, in small portions especially while your puppy is teething.

